

Advisory notes for ASK Trust library catalogue

updated to July 2019

The lending period is usually for one month unless one of the following code letters is just after the title:

"R" means it is a reference book available to all borrowers. The loan period is **two weeks**.

"RM" means it is a reference book available to members of ASK only. The loan period is two weeks.

"M" means it is for ASK members only, but the loan period in this case is for four weeks.

Allowance for time in the post: the ASK librarian will add a few days on to the loan period to allow for NZ Post delivery and return times ie your loan period when the books are actually with you, can be expected to be the full period outlined above.

To borrow – maximum two items simultaneously – please return to the ASK Trust library page on the website and follow the easy borrowing process.

Reader ratings and Comments appear *after* the title they pertain to. Comments are either taken from the book itself or written by an individual borrower and do not necessarily reflect the views of ASK Trust.

Author	Year	Title	Classifcn	Item Code 1	Comment
Adkins, Jo & Larkey, Sue	2013	Practical Mathematics for Children with an Autism Spectrum Disorder and Other Developmental Delays		515A	
Aitken, Kenneth	2014	Sleep well on the autism spectrum: How to recognise common sleep difficulties, choose the right treatment, and get you or your child sleeping soundly		382A	1 rating: useful; Comment: contains good information however I learnt little relevant to me due to over a decade learning about sleep problems. Potentially helpful to those newer to the topic. On p176 is a completely unrelated opinion on weight - unsourced & written as fact, so please dismiss that
Aitken, Kenneth J	2009	Dietary Interventions in Autism Spectrum Disorders: why they work when they do, why they don't when they don't		136A	
Aitken, Kenneth J	2012	Sleep Difficulties and Autism Spectrum Disorders: A Guide for Parents and Professionals	R	321R	
Al-Ghani, KI	2008	The Red Beast: Controlling Anger in Children with Asperger's Syndrome	R	329R	
Al-Ghani, KI	2013	The Disappointment Dragon: Learning to cope with Disappointment (for All Children and Dragon Tamers, Including Those with Asperger Syndrome).	R	477R	1 rating: very useful
Al-Ghani, KI	2013	The Panicosaurus: Managing Anxiety in Children Including Those with Asperger Syndrome	R	490R	1 rating: very useful
Al-Ghani, KI & Kenward, Lynda	2009	Making the Move: A Guide for Schools and Parents on the Transfer of Pupils with Autism Spectrum Disorders (ASDs) from Primary to Secondary School	R	327R	
Altogether Autism Journal	2016 Issue 3	Depression in autistic adults; Peer support works (and other topics)		507A, 507B	
Altogether Autism Journal	2018 Issue 2	Success across the spectrum; expressing autism through art etc		558A	
Altogether Autism Journal	2014 Winter	Diagnosis and Identity		325A, 325B	
Altogether Autism Journal	2015 Summer	ASD and the criminal justice system		326A, 326B	
Altogether Autism Journal	2016 Issue 1	Our help or harm issue (Also: NeuroTribes reviewed & How to get help with NCEA)		479A, 479B, 479C	
Altogether Autism Journal	2016 Issue 2	Autism in the workplace, The disclosure dilemma & other topics		504A	
Altogether Autism Journal	2018 Issue 1	Education & Autism		546A, 546B	
Altogether Autism Journal	2018 Issue 3	By autistics for autistics; Mental health & autism		561A	
Altogether Autism Journal	2019 Issue 1	Autism acceptance		570A	also includes articles on medicinal use of cannabis in autism; autism-friendly tips for using public transport; & "Talk with me" app to help children experience joy of social interaction

Altogether Autism Journal	2015 Autumn	The strengths & challenges of high functioning autism		441A, 441B, 441C	
Altogether Autism Journal	2015 Spring	Quirky girls (and other topics)		470A, 470B, 470C	
Altogether Autism Journal	2016 Issue 4	Parenting on the spectrum; Our stance on seclusion - & other topics		516A, 516B	
Altogether Autism Journal	2017 Issue 1	Autism-friendly practices & other topics		530A, 530B	
Altogether Autism Journal	2017 Issue 2	Untapped autistic potential; Why do girls go undiagnosed? etc		540A, 540B	
Altogether Autism Journal	2017 Issue 3	Pet therapy, Conference & New services		545A, 545B	
Antonetta, Susanne	2005	A Mind Apart: Travels in a Neurodiverse World		272A	<u>1 rating</u> : outstanding; <u>comment</u> : brilliant!
Ariel, Cindy N & Naseef, Robert A (Eds)	2006	Voices from the Spectrum: Parents, Grandparents, Siblings, People with Autism, and Professionals Share Their Wisdom		279A	
Armstrong, Thomas	2016	Power of Neurodiversity: Unleashing the Advantages of Your Differently Wired Brain		503A	
Arwood, Elyn Lucas & Kaulitz, Carole	2007	Learning with a visual brain in an auditory world: Visual language strategies for individuals with autism spectrum disorders		236A	
ASK Trust (Eds)	2010	Beyond Diagnosis: Welcome to the Autism Spectrum! (The ASK Trust Welcome Booklet)	R	144A, 144R	1 Rating: very useful
Aspden, K L	2016	Help - I've got an alarm bell going off in my head!: How panic, anxiety and stress affect your body	R	472R, 472A	<u>2 Ratings</u> : useful; of limited use. <u>Borrower comments</u> : 1. "I like this book because it is simple and specific." 2. Of limited use for 16 year old on spectrum
Asperger's Association of New England	2000	Disclosure & Asperger's Syndrome: Our own stories	R	430R	
Aston, Maxine	2009	The Asperger Couple's Workbook: Practical Advice and Activities for Couples and Counsellors	R and B	101R, 101B	1 Rating: outstanding. Borrower comment: Very good book - easy to read and stay interested (by reader with attention difficulties)
Aston, Maxine	2012	What Men With Asperger Syndrome Want to Know About Women, Dating and Relationships		193A	
Attwood, Brian	2015	Make Your Own Picture Stories for Kids with ASD (Autism Spectrum Disorder): A DIY Guide for Parents and Carers	R	416R	
Attwood, Grandin et al	2006	Asperger's & Girls: World-renowned experts join those with Asperger's syndrome to resolve issues that girls and women face every day! Featuring Tony Attwood & Temple Grandin, plus 7 more experts		348A	
Attwood, Sarah	2008	Making sense of sex: A forthright guide to puberty, sex and relationships for people with Asperger's Syndrome		259A	
Attwood, Tony	1998	Asperger's Syndrome: A Guide for Parents and Professionals		181A	
Attwood, Tony	2007	The complete guide to Asperger's Syndrome		082B, 082A	<u>1 Rating</u> : very useful. <u>Comment</u> : comprehensive
Attwood, Tony; Evans, Craig R & Lesko, Anita (Eds)	2014	Been There Done That. Try This! An Aspinaut's Guide to Life on Earth.	R	273R	<u>5 Ratings</u> : very useful x4; useful x1. <u>Comment 1</u> : I enjoyed this book and thought it was helpful to read the perspectives of other people on the spectrum. It did take a while to read as it triggered a lot of memories. <u>Comment 2</u> : An interesting book valuable for its range of experiences from contributors. We have purchased a copy for our own reference.
Attwood, Tony; Garnett, Michelle & Thompson, Colin	2016	Exploring Depression, and Beating the Blues A CBT Self-Help Guide to Understanding and Coping with Depression in Asperger's Syndrome	R	509R	
Attwood, Tony; Hénault, Isabelle & Dubin, Nick	2014	The Autism Spectrum, Sexuality and the Law: What every parent and professional needs to know	R	274R	<u>1 Rating</u> : useful.

Attwood, Will	2018	Aspergers syndrome and jail: A survival guide	R	560R	
Badcock, Christopher	2009	The imprinted brain: How genes set the balance between autism and psychosis		120A	
Baker, Dr Jed	2005	Preparing for life: The complete guide to transitioning to adulthood for those with Autism and Asperger's Syndrome	R	130R	To use on one's own or with the help of a support person or counsellor
Barnett, Kristine	2014	The Spark: A Mother's Story of Nurturing, Genius and Autism		301A	
Barnhill, Gena P	2002	Right Address... Wrong Planet: Children with Asperger Syndrome Becoming Adults		347A	
Baron-Cohen, Simon	2004	The Essential Difference		460A	
Barron, Judy & Barron, Sean	2002	There's a boy in here: Emerging from the bonds of autism		257A	An insightful alternation of 'inside' and 'outside' views of autistic 'meltdowns' [despite the subtitle suggesting an outdated view]
Barton, Michael	2014	A Different Kettle of Fish: a day in the life of a physics student with autism		424A	The author uses a day trip into London from his familiar university base, to convey, through words and illustrations, his autistic experience of navigating "the confusing 'neurotypical' world of contradictory signage, hidden meanings and nonsensical figures of speech" – a book acclaimed as "essential reading for anyone involved with autism"
Bascom, Julia	2015	The Obsessive Joy of Autism		418A	
Bascom, Julia (Ed)	2012	Loud Hands: Autistic People, Speaking		461A	
Bashe, Patricia Romanowski & Kirby, Barbara L	2001	The Oasis guide to Asperger Syndrome: advice, support, insight and inspiration	R	036R	Written by NTs - neurotypicals - however it contains comprehensive information and advice, tips and practical solutions
Beaney, Joy	2017	Creating autism champions: Autism awareness training for key stage 1 and 2	R	543R	
Beardon, Luke & Worton, Dean (Eds)	2017	Bittersweet on the Autism Spectrum		528A	An 'Insider Intelligence' book
Beardon, Luke & Worton, Dean (Eds)	2017	Love, Partnership or Singleton on the Autism Spectrum		527A	An 'Insider Intelligence' book - accounts by autistic writers reflecting their wide range of personal choices & experiences. . <u>1 rating</u> : not suitable for my needs (too anecdotal)
Beardon, Luke & Worton, Dean (Eds)	2011	Aspies on Mental Health: Speaking for Ourselves	R	163R	<u>2 ratings</u> : very useful; outstanding
Bentley, Katrin	2007	Alone together. Making an Asperger marriage work		088A	
Bergemann, Rosalind A	2014	An Asperger Leader's Guide to Living and Leading Change		224A	
Bernick, Michael & Holden, Richard	2015	The Autism Job Club: The Neurodiverse Workforce in the New Normal of Employment		437A	
Berry, K D	2011	Dragons Away		179B	
Berry, Kevin	2013	Stim.		220A	A novel - also see sequel <i>Kaleidoscope</i>
Berry, Kevin	2014	Kaleidoscope. (The sequel to Stim. An Aspie new adult contemporary novel set in an earthquake zone)		264A	The sequel to <i>Stim</i> . An Aspie new adult contemporary novel set in an earthquake zone
Bester, Tracy	2002	Practical solutions: Food refusal in autistic spectrum disorder		361A	
Bester, Tracy	2002	Practical solutions: Toilet training, the battle of the loo!		362A	
Biklen, Douglas; with Attfield, Richard; Bissonette, Larry; Blackman, Lucy; Burke, Jaimie; Frugone, Alberto; Mukhopadhyay, Tito Rajarshi; & Rubin, Sue	2005	Autism and the myth of the person alone		127A	Excellent book, if a little 'academic' at times in writing style, which might put some off. But if you persist, it's pure gold. It's method of approaching and listening to autistics first, and then formulating theories, is one more researchers should take. I love how he rejects the 'deficit' model of autism. And most especially the good stuff!!

Birch, Jen	2002	Congratulations! It's Asperger's Syndrome: One Person's Story		006B	1 Rating: very useful. Comment: This book was written by one of our ASK members, it is extraordinarily insightful, bravely honest, sometimes shocking but mainly incredibly educational and inspiring for those on the spectrum, especially given its New Zealand connection. A "must read".
Bissonnette, Barbara	2013	Asperger's Syndrome Workplace Survival Guide: A neurotypical's secrets for success		299A	
Bissonnette, Barbara	2013	The Complete Guide to Getting a Job for People with Asperger's Syndrome: Find the Right Career and Get Hired		198A	
Blackman, Lucy	1999	Lucy's Story		025A	1 Rating: outstanding. Comments: 1 Fascinating ... gave me much food for thought about why some autistics are non-verbal and deemed 'low-functioning' and others not?; 2 Autobiography of a non-speaking autistic with an impressive academic record. She has a brilliant way of portraying life as she experiences it and how this affects non-autists. Similar to Donna Williams, but here there is an heroic mother doing all in her power to help Lucy overcome her difficulties in living in a NT world
Blakemore-Brown, Lisa	2002	Reweaving the autistic tapestry: Autism, Asperger syndrome and ADHD		389A	
Bliss, Veronica & Edmonds, Genevieve	2008	A Self-determined Future with Asperger Syndrome: Solution Focused Approaches		344A	
Bogdashina, Olga	2004	Sensory perceptual issues in Autism and Asperger syndrome: Different Sensory Experiences. Different Perceptual Worlds		053A	
Bogdashina, Olga	2013	Autism and Spirituality: Psyche, Self and Spirit in People on the Autism Spectrum		226A	1 Rating: useful. Comments: A bit 'dense' to get into, but some good bits. Very academic & intellectual though. I'd really love to see someone write / edit a book on how autistics themselves view their spirituality, not others writing about us!
Bogdashina, Olga	2010	Autism and the Edges of the Known World: Sensitivities, Language, and Constructed Reality		517A	
Bogdashina, Olga	2005	Theory of Mind and the Triad of Perspectives on Autism and Asperger Syndrome: A View from the Bridge		445A	
Bogdashina, Olga	2005	Communication Issues in Autism and Asperger Syndrome: Do We Speak the Same Language?		446A	
Bolick, Teresa	2001	Asperger syndrome and adolescence: Helping preteens and teens get ready for the real	R	358R	
Bolls, Ulrike Domenika	2013	Meditation for Aspies: Everyday Techniques to Help People with Asperger's Syndrome Take Control and Improve Their Lives		209A	
Booth, Janine	2016	Autism Equality in the Workplace: Removing Barriers and Challenging Discrimination		484A	
Boyd, Brenda	2009	Appreciating Asperger Syndrome: Looking at the Upside - With 300 Positive Points		195A	2 Ratings: very useful
Boyes, Alice	2015	The Anxiety Toolkit: Strategies for Fine-Tuning Your Mind and Moving Past Your Stuck Points		313A	
Breakey, Christine	2006	The autism spectrum and further education: A guide to good practice	R	246R	
Bridge, Emma Louise	2016	Autism, Anxiety and Me: A diary in even numbers		536A	
Brown, Debi	2013	The Aspie Girl's Guide to Being Safe With Men: The Unwritten Safety Rules No-one is Telling You		196A	
Brown, Julie	2009	Writers on the Spectrum: How autism and Asperger syndrome have influenced literary writing	R	413R	1 Rating: very useful
Brown, Lydia	2017	All the weight of our dreams: On living racialized autism		553A	
Brown, Maude & Millar, Alex	2003	Aspects of Asperger's: Success in the Teens and Twenties		184A	

Brown, Steve	2014	Autism Spectrum Disorder and De-Escalation Strategies: A Practical Guide to Positive Behavioural Interventions for Children and Young People		436A	
Brukner, Lauren	2016	Stay Cool and in Control with the Keep-Calm Guru: Wise Ways for Children to Regulate their Emotions and Senses		511A	1 Rating: of limited use for our situation. Comment: Got this for an 18yo & it may be aimed at much younger children. Has useful content but my teenager wouldn't read it as considered it was for kids
Brukner, Lauren	2015	How to be a Superhero Called Self-Control! Super Powers to Help Younger children to Regulate their Emotions and Senses		510A	
Brukner, Lauren	2014	The Kids' Guide to Staying Awesome and in Control		494R	
Bryant, Jean	1993	The opening door	R	443R	Comment: Case study of autistic pianist, composer and chess champion Trevor Tao by his teacher, relating how she adapted the curriculum to foster his talents
Buron, Kari Dunn	2006	When my worries get too big: A relaxation book for children who live with anxiety	R	455R	
Buron, Kari Dunn	2007	A 5 is Against the Law! Social Boundaries: Straight Up! An Honest Guide for Teens and Young Adults	R	161R	
Buron, Kari Dunn & Curtis, Mitzi Beth	2003	The Incredible 5-Point Scale: Assisting Students in Understanding Social Interactions and Controlling Their Emotional Responses	R	298R	1 Rating: very useful
Cafiero, Joanne M	2005	Meaningful exchanges for people with autism: an introduction to augmentative and alternative communication		251A	
Caldwell, Phoebe	2006	Finding You Finding Me: Using Intensive Interaction to Get In Touch With People Whose Severe Learning Disabilities Are Combined With Autistic Spectrum Disorder		284A	
Cannon, Janell		Stellaluna		559A	A simple picture-book to introduce young children to
Cariello, Carrie	2015	Someone I'm with Has Autism		439A	One family's strategy for when & how to explain their son's autism to him & his siblings
Carley, Michael J	2016	Unemployed on the Autism Spectrum: How to Cope Productively with the Effects of Unemployment and Job-hunt with Confidence	R	480R	
Carley, Michael John	2008	Asperger's from the inside out: A supportive and practical guide for anyone with Asperger's syndrome	R and B	121R, 121B	2 Ratings: very useful. Comment: 1. This book was very useful and the part about travel was highly relatable. Some of the content was not relatable because it was predominantly a male perspective / experience. But I still thought the author incorporated some female experiences / perspectives quite well. 2. Grounded but sensitively written, by an author who has vast experience, not only personally, but in supporting others on their journey.
Christie et al	2008	Understanding pathological demand avoidance syndrome in children: A Guide for Parents, Teachers and Other Professionals	R	386R	2 Ratings: outstanding; very useful Comments: This is an awesome book. It explains so well, would be especially useful for teachers of PDA kids.
CJ	1999	It's OK to Have Aspergers		003A	Another contribution from one of our ASK members. We are really lucky to have direct access to these authors. Again very honest and informative, the author shows a strong sense of herself as an AS person, and I for one am looking forward to the next instalment of her life, hopefully this shows proof that with earlier understanding and insight things will be a little different for younger members of our community.
Clements, John & Zarkowska, Ewa	2000	Behavioural concerns & autistic spectrum disorders: Explanations and strategies for change		357A	
Coetzee, J M	2009	Summertime		138A	Fiction - re an AS-like writer
Cohen, Shirley	1999	Targeting autism: What We Know, Don't Know and Can Do to Help Young Children with Autism and related Disorders		506A	

Collins, Michael	1989	Carrying the Fire: An Astronaut's Journey		165A	An autobiographical account of Apollo 11 astronaut Mike Collins
Collins, Paul	2004	Not even wrong: A father's journey into the lost history of autism		123A	
Cook, Barb & Garnett, Dr Michelle (Eds)	2018	Spectrum Women: Walking to the beat of autism		563A	by editors & panel of Spectrum Women Mentors
Cook, Julia	2006	My Mouth is a Volcano!		498A	
Cook, Julia	2013	I Just Want to Do It My Way! My Story about Staying on Task and Asking for Help! (Best Me I Can Be!)	audio-book & text	499A	
Cooper, C & Widdows, N	2008	The social success workbook for teens: skill building activities for teens with nonverbal learning disorder, Asperger's disorder and other social-skills problems	R	245R	
Costley, Keane, Clark & Lane	2012	Practical Guide for Teachers of Students with an Autism Spectrum Disorder in Secondary Education		481A	
Crary, Elizabeth	1996	My name is not Dummy. A children's problem solving book		390A	
Crissey, Pat	2005	Personal hygiene?: What's that got to do with me?	R	363R	Suitable for most Asperger's children aged 8-14yo – info & worksheets to teach social implications of neglecting personal hygiene
Crow, Tony	1987, 1990	Alternative games for the family, Alternative games for the studios, and Alternative games for those who like a challenge (Set of Three books of games)		004A, 004B	Another talented A.S.K member's contribution for all those who love games, providing three levels of difficulty. Tony has contributed often to the enjoyment of our ASK games evenings and these books are a chance to extend this to our wider community.
Csoti, Marianna	2000	People Skills for Young Adults		182A	
Cumene, Val; Leach, Julia & Stevenson, Gill	2000	Autism in the early years: A practical guide		391R	Written for parents, teachers & professionals
Daria, T O	2008	Dasha's Journal: A Cat Reflects on Life, Catness and Autism		090A	
Davies, Julie	1995	Able Autistic Children – Children with Asperger's Syndrome: A Booklet for Brothers and Sisters		338A	
Davies, Julie	1995	Children with Autism: A Booklet for Brothers and Sisters		339A	
Davis, Bill & Schunick, Wendy Goldband	2002	Dangerous Encounters: Avoiding Perilous Situations with Autism - A Streetwise Guide for All Emergency Responders, Retailers and Parents	R	280R	
Debbaudt, Dennis	2002	Autism, advocates, and law enforcement professionals: recognizing and reducing risk situations for people with autism spectrum disorders	R	005R, 005B	A book we felt should be available to all to provide help if ever any one found themselves in trouble. It is a valuable book to help not only A.S. people understand how they can easily complicate any problems they have with law enforcement people, but also an ideal tool for law enforcement professionals to have to hand when they have to deal with those on the spectrum.
Derisley, Jo, et al	2008	Breaking free from OCD: A CBT guide for young people and their families	R	364R	1 Rating: very useful
Dixon et al	2003	Which school?: Questions your Asperger child will want you to ask		369A	
Doidge, Norman	2007	The brain that changes itself: Stories of personal triumph from the frontiers of brain science		346A	Includes a chapter on autism
Donovan, John & Zucker, Caren	2016	In a different key: The story of autism		475A	
Dowty, Terri & Cowlshaw, Kitt	2002	Home Educating Our Autistic Spectrum Children: Paths are made by walking		293A	
Dubin, Nick	2007	Asperger Syndrome and Bullying: Strategies and solutions		254A	
Dubin, Nick	2009	Asperger syndrome and anxiety: A guide to successful stress management		105A	

Dubin, Nick	2014	The autism spectrum and depression		233A	2 Ratings: very useful; outstanding. <u>Comment:</u> The kind of book one could refer to again & again! I'm going to buy my own copy.
Dumortier, Dominique	2004	From another planet: Autism from within		65A	
Dunn, Winnie	2009	Living sensationally: Understanding your senses		110A	
Dunne, Susan	2015	A Pony in the Bedroom: A Journey Through Asperger's, Assault, and Healing With Horses		310A	1 rating: outstanding. <u>Comment:</u> absolutely brilliant!
Durand, V Mark	1997	Sleep better: a guide to improving sleep for children with special needs	R	433R	
Durig, Alex	2006	How to understand autism - the easy way		118A	
Duyvis, Corinne	2016	On the edge of gone		555A	audiobook
Dyrbjerg, Pernile & Vedel, Maria	2007	Everyday education: Visual support for children with autism	R	392R	For home or school – to assist communication and independence in ASD children
Eaton, Judy		A Guide to mental health issues in girls and you	R	552R	
Edmonds, Genevieve & Beardon, Luke	2008	Asperger Syndrome and employment: Adults speak out about Asperger Syndrome		093A	
Edmonds, Genevieve & Worton, Dean	2005	The Asperger love guide: A practical guide for adults with AS to seeking, establishing & maintaining successful relationships		063B;	
Edmonds, Genevieve & Worton, Dean	2006	The Asperger personal guide: Raising Self-esteem and Making the Most of Yourself as an Adult With Asperger's Syndrome		085A	
Edwards, Denise	2008	Providing practical support for people with autism spectrum disorder: Supported living in the community		092A	
Eide, Brock & Fernette	2006	The mislabelled child: Looking beyond behaviour to find the true sources - and solutions - for children's learning challenges		373A	Includes chapter on 'autism-like disorders'
Ekman, Paul	2003	Emotions Revealed: Recognizing Faces and Feelings to Improve Communication and Emotional Life	R	267R	
Elder, Jennifer	2006	Different Like Me: My Book of Autism Heroes	R	320R	
Eley, Beverley	1996	The book of David: The intriguing story of David Helfgott, subject of the film "Shine"		068A	David was a "child prodigy" pianist who has a very idiosyncratic way of interacting with the world. This book makes no claims for any kind of ASD
Elliott, Lisa B	2002	Embarrassed often, ashamed never: Quips and short stories from one family's ongoing adventure with Asperger Syndrome and Autism		238A	
ERIC (Enuresis Resource & Information Centre - authors)	2002	We can do it!: Helping children who have learning disabilities with bowel & bladder management – A guide for parents		360R	
Ernsperger, Lori & Wendel, Danielle	2007	Girls under the umbrella of autism spectrum disorders: Practical solutions for addressing everyday challenges	R	431R	
Evans, Kirsti (Illustrations by John Swogger)	2011	Something Different About Dad: How to Live With Your Asperger's Parent	R	160R	1 Rating: very useful
Eyal, Gil	2010	The autism matrix: The social origins of the autism epidemic		412A	
Faherty, Catherine	2000	What Does It Mean to Me? A Workbook Explaining Self Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Asperger's	R	375R	
Faherty, Catherine	2008	Understanding Death and Illness and What They Teach About Life: An Interactive Guide for Individuals With Autism and Asperger's Syndrome and Their Loved Ones	R	158R	
Faherty, Catherine	2010	Communication: What Does it Mean to Me? (Includes CD-ROM of associated resources)		148A	A contract for communication that will promote understanding between individuals with autism and Asperger's and their families, teachers, therapists, co-workers & many more!
Farrell, Warren	2000	Women can't hear what men don't say: Destroying myths creating love		532A	

Fast, Yvona, and others	2004	Employment for Individuals with Asperger Syndrome or Non Verbal learning disability: Stories and Strategies	R	037R	Addresses employment issues for AS people and providing strategies to help find and keep a job. Gives useful advice [e.g. creative ways of designing or adapting a job to fit the person rather than only trying to adapt the person to the job: to help address the problem that despite intelligence, honesty and the ability to try, around 85% of AS people remain underemployed (or unemployed)].
Feinstein, Adam	2010	A History of autism: Conversations with the pioneers		242A	
Finch, David	2012	The Journal of Best Practices: A Memoir of Marriage, Asperger Syndrome, and One Man's Quest to be a Better Husband		203A	1 Rating: very useful. David Finch's approach is of particular interest to AS/NT marriages. Some good insights. He seems a bit OCD
Fitzgerald, Michael	2005	The genesis of artistic creativity: Asperger's syndrome and the arts		128A	
Fitzgerald, Michael	2007	Genius Genes: How Asperger Talents Changed the World		497A	
Fleisher, Marc	2003	Making sense of the unfeasible: My life journey with Asperger syndrome		035A	Another autobiographical book that is both entertaining and informative, combining interesting facts and mathematical equations as an added interest for the more mathematically minded reader
Fleisher, Marc	2005	Survival strategies for people on the autism spectrum		064A	
Fling, Echo R	2000	Eating an artichoke: A mother's perspective on Asperger Syndrome		393A	
Flowers, Roni	1996	Reaching the child with autism through art: practical and fun activities to do		463A	
Ford, Ian	2010	A Field Guide to Earthlings: An Autistic/Asperger View on Neurotypical Behavior	R	200R, 200B	2 Ratings: very useful. Comments: 1. Lots of practical help and understanding about NT behaviour; 2. I found much information that was useful & helpful but found the play (last section) confusing
Ford, Rodney	2012	The gluten syndrome: Is wheat causing you harm?	R	478R	
Forrester, Cheryl & Sutton, Carlton	2015	Selective Mutism in Our Own Words		495A	
Forrester-Jones, Rachel & Broadhurst, Sarah	2007	Autism and loss	R	106R	1 rating: useful
Freedman, Sarita	2010	Developing College Skills in Students with Autism and Asperger's Syndrome		301A	
Frenz, Florida	2013	How to be Human: Diary of an autistic girl	R	420R	Illustrated step-by-step guide and insights by a 15yo on the spectrum, from her own process of coming to terms with ASD including feelings, perfectionism, friendship, coping with peer pressure & bullying etc – primarily for those on the spectrum but with helpful messages for all tweens and teens.
Frith, Uta (Ed)	2006	Autism and Asperger syndrome		248A	
Gabor, Don	2001	How to Start Conversation and Make Friends		205A	
Gagnon, Elisa & Smith Myles, Brenda	1999	This is Asperger syndrome	R	332R	
Gagnon, Elise	2001	Power cards: Using Special Interests to Motivate Children and Youth with Asperger Syndrome and Autism	R	432R	
Garland, Teresa	2014	Self-regulation interventions and strategies: Keeping the body, mind and emotions on task in children with autism, ADHD or sensory disorders		465A	
Gaus, Valerie	2007	Cognitive-behavioural therapy for adult Asperger Syndrome		410A	
Gaus, Valerie L	2011	Living Well on the Spectrum: How to Use Your Strengths to Meet the Challenges of Asperger Syndrome/High-Functioning Autism	R	175R	
Geither, Elise & Meeks, Lisa	2014	Helping Students with Autism Spectrum Disorder Express their Thoughts and Knowledge in Writing: Tips and Exercises for Developing Writing Skills		300A	

Gerland, Gunilla	1996	A Real Person: Life on the outside		007A	<u>4 Ratings</u> : outstanding x4. <u>Comments</u> : 1. I loved this book. She describes how she experiences things so vividly, I felt like I was there with her. 2. This is a great book. Like Donna Williams, Gunilla Gerland came from an abusive home and was offered no support at all for her differences. Her brilliant account of the confusion and strangeness and eventual wonderful self-awareness of her Autism makes for compelling reading especially for women on the spectrum; 3. Reading this account of the author's extremely difficult journey through childhood confirms for me that those we care for with more severe symptoms (esp. if minimally verbal) usually have very good reasons for their resistance / discomfort / terror in situations many would deem normal
Gerland, Gunilla	2001	Finding out about Asperger Syndrome, High functioning autism and PDD		008A	A very simple book almost written at child level but a very good start for anyone daunted by the descriptions of the what and the how in other books
Gerland, Gunilla	2013	Secrets to Success for Professionals in the Autism Field: An Insider's Guide to Understanding the Spectrum, the Environment and Your Role	R	202R	<u>1 rating</u> : outstanding
Ghaziuddin, Mohammad	2005	Mental health aspects of autism and Asperger Syndrome	R	100R	
Goodall, Emma	2013	Understanding and facilitating the achievement of autistic potential	R	213R	<u>1 rating</u> : very useful
Goodall, Emma	2016	The Autism Spectrum Guide to Sexuality and Relationships: Understand Yourself and Make Choices That are Right for You		483A	<u>2 rating</u> : useful; not suitable for my needs (latter = <u>comments</u> of parent of teen on spectrum; much of book is about school classrooms and / or directed to primary / intermediate age - though some <u>content</u> useful at secondary age too.
Goodchild, Christopher	2009	A Painful Gift: The journey of a soul with autism		564A	<u>Comment</u> : about the author's personal "struggle to be truly myself in the world. To be fully human, to touch people and to be touched by people in return"
Goodchild, Christopher	2017	Unclouded by longing: Meditations on autism and being present in an overwhelming world		549A	<u>1 Ratings</u> : outstanding; <u>Comment</u> : A most beautiful book of profound spiritual insights. Strongly recommended to all those consciously seeking, or travelling on, a spiritual journey. A book to dip into, and treasure the treasures revealed.
Goodyear, Bill	2008	Coaching People with Asperger's Syndrome	R	290R	
Grandin, Temple	2008	The Way I See It: A Personal Look at Autism and Asperger's	R	208R	
Grandin, Temple	1996	Thinking in Pictures and other reports from my life with autism		009A	A deeply fascinating book about the workings of an Autistic mind and a very personal account of her unique perception of the world. A study of a genius at work with interesting references to other famous geniuses who are thought to have been on the spectrum as well. <u>2 Ratings</u> : #very useful; #outstanding. <u>Comments</u> : #Interesting. I don't agree with her on all points, but I like reading her stuff. # I only had a chance to skim this book but I find Temple's work absolutely incredible! I love her language, her turn of phrase, and her incredible intelligence. Can't wait to get this for my own library
Grandin, Temple & Moore, Debra	2016	The Loving Push: How Parents and Professionals Can Help Spectrum Kids Become Successful Adults.		514A	
Grandin, Temple & Barron, Sean	2005	Unwritten rules of social relationships. Decoding Social Mysteries through the Unique Perspectives of Autism		076A	
Grandin, Temple & Duffy, Kate	2004	Developing Talents: Careers for Individuals with Asperger Syndrome and High-Functioning Autism		054A	

Grandin, Temple & Johnson, Catherine	2005	Animals in translation: Using the Mysteries of Autism to Decode Animal Behavior		069B	
Grandin, Temple & Panek, R	2013	The Autistic Brain: Helping Different Kinds of Minds Succeed		271A	
Grandin, Temple (Ed)	2012	Different ... Not Less: Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger's and ADHD		201A	
Grandin, Temple with Scariano, M M	1996 with 2005 postscript	Emergence: Labeled autistic		266A	1 Rating: useful. Comments: Interesting read, but a bit dated now, especially in its focus on autism as a 'deficiency' etc. I don't agree with everything Temple writes, but this was her first book, and she herself has changed her stance in many ways since then.
Grant, Lana	2015	From Here to Maternity: Pregnancy and Motherhood on the Autism Spectrum		309A	
Gray, Carol	1994	Comic strip conversations: Colourful, illustrated	R	518R	
Gray, Carol	1995	Social stories & comic strip conversations: Unique methods to improve social understanding	R	442R	
Gray, Carol	2002	The sixth sense II [a programme to improve ASD understanding & support among classmates]		428A	
Gray, Carol & White, Abbie Leigh	2002	My Social Stories Book	R	372R	1 rating: useful
Green, Christopher & Chee, Kit	2001	Understanding ADHD: Attention Deficit Hyperactivity Disorder		331A	2 ratings:1.Very useful; 2. very useful for children, of limited use for adults. Comments: Comprehensive; includes sections on adulthood &
Greene, Ross W	2001	The explosive child: A new approach for understanding and parenting easily frustrated, chronically inflexible children		366A	
Greg, Ann & MacKay, Tommy	2013	The Homunculi Approach to Social and Emotional Wellbeing	R	493R	
Groden, June; Kantor, Ayelet; Woodard, Cooper R & Lipsitt, Lewis P	2011	How Everyone on the Autism Spectrum, Young and Old, Can Become Resilient, be More Optimistic, Enjoy Humor, Be Kind, and Increase Self-Efficacy: A Positive Psychology approach		192A	
Hadcroft, Will	2005	The feeling's unmutual: Growing up with AS (undiagnosed)		061A	
Haddon, Mark	2003	The curious incident of the dog in the nighttime		010A	A fictional portrayal of an AS boy who attempts to solve a crime; a rather accurate account of what it is to be AS from the author who is apparently not. Personally I found the AS stuff interesting but the NT characters rather despicable, and loathsome, they didn't deserve to have him.
Hagland, Carol	2010	Getting to grips with Asperger Syndrome; Understanding adults on the autism spectrum		252A	
Hagland, Carol & Webb, Zillah	2009	Working with Adults with Asperger Syndrome: A Practical Toolkit		328R	
Hall, Kenneth	2001	Asperger Syndrome, the universe and everything.	R	286R	1 Rating: useful. Written by a 10-year-old boy who is gifted and has Asperger's Syndrome
Hanify, Julie	2016	A small blue thing: Life on the spectrum.		539A	NZ autobiography
Hansen, Sven	2006	Mastering Stress: Being Calm, Alert and Engaged		188A	1 Rating: useful
Harpur, John, Lawlor, Maria & Fitzgerald, Michael	2004	Succeeding in College with Asperger Syndrome: A student guide		001A	Providing information to help students prepare for university life, covering how to cope with workloads; making friends; sexual relationships: based on first hand interviews with college students
Harris, Rachael Lee	2015	My Autistic Awakening: Unlocking the potential for a life well lived		566A	Comment: Rachael's personal account, from her childhood through to years spent as a contemplative nun, and now mother and
Hartman, Davida	2017	Beating anxiety: What young people on the autism spectrum need to know	R	538R	
Harvey, Catherine		Difference not disorder: Understanding autism theory in practice		554A	
Hawkins, Gail	2004	How to Find Work That Works for People with Asperger Syndrome: The Ultimate Guide for Getting People with Asperger Syndrome into the Workplace (and Keeping Them There!)		322A	

Heller, Sharon	2003	Too loud, too bright too fast too tight: What to do if you are sensory defensive in an overstimulating world		122A, 122B	Includes outline of 'sensory diet'
Henault, Isabelle	2006	Asperger's Syndrome and sexuality: From adolescence through adulthood		260A	
Hendrickx, Sarah	2008	Love, sex and long-term relationships: What people with Asperger Syndrome really really want		258A	
Hendrickx, Sarah	2009	Asperger Syndrome and employment: What people with Asperger syndrome really really want		103A	
Hendrickx, Sarah	2010	The Adolescent and Adult Neuro-diversity Handbook: Asperger Syndrome, ADHD, Dyslexia, Dyspraxia and Related Conditions		134A, 134B	Information & strategies for those living with various undiagnosed conditions of neurological difference including autism
Hendrickx, Sarah	2015	Women and Girls with Autism Spectrum Disorder Understanding Life Experiences from Early Childhood to Old Age		423A	1 Rating: outstanding
Hendrickx, Sarah & Newton, Keith	2007	Asperger Syndrome - a love story		084A	
Hermalin, B	2001	Hermalin,B Bright splinters of the mind: A personal story of research with autistic savants 2001		529A	
Higashida, Naoki	2014	The Reason I Jump: One boy's voice from the silence of autism		500A	
Higashida, Naoki	2014	The Reason I Jump: One boy's voice from the silence of autism		500B	
Hogenboom, Marga & Woodward, Bob	2000	Autism: A Holistic Approach		501A	
Holzhauser-Peters, Leslie & True, Leslie	2008	Making sense if children's thinking & behaviour: A step-by-step tool for understanding children with NLD, Asperger's HFA, PDD-NOS & other neurological differences.	R	456R	Comment: an approach to help family members & teachers understand the thinking & other differences of such children, and how to analyse and work with behaviours arising from these
Honeybourne, Victoria	2018	The Neurodiverse Classroom: A teacher's guide to individual learning needs and how to meet them	R	557R	by autistic adult who is also a senior advisory teacher
Honeybourne, Victoria	2019	A Practical Guide to Happiness in Adults on the Autism Spectrum		568A	see author info in entry above
Hoopmann, Kathy	2013	Inside Asperger's Looking Out		197 A	<u>1 rating</u> : outstanding)same for its companion volume "All cats have Asperger's". <u>Comment</u> : first book I read to my teen after finding she was on the spectrum. Despite not feeling happy about that, she laughed, could relate to what was happening for each animal, it made sense to her own experiences. a fantastic intorduction for a child of any age. Good to see the simple, humours side.
Hoopmann, Kathy	2000	Blue bottle mystery: An Asperger adventure		427A	
Hoopmann, Kathy	2002	Lisa and the Lacemaker: An Asperger adventure		426A	1 Rating: useful. Comment: My 10-year old enjoyed this and found it interesting.
Hoopmann, Kathy	2003	Haze		425A	An adventure novel for teens featuring ASD lad
Hoopmann, Kathy & Kiss, J S	2015	Elemental Island		471A	<u>3 Ratings</u> : very useful; outstanding; not suitable for our needs. <u>Comment</u> : 1. Really enjoyed this book. 2. a very quick & easy read. An interesting perspective on a view of the world if it was all 'autistic'. Promotes tolerance & acceptance for all differences. 3. My AS teenager didn't 'get it' so we didn't finish it
Houston, Rab & Frith, Uta	2000	Autism in History: The case of Hugh Blair of Borgue		262A	
Howley M & Arnold, E	2005	Revealing the hidden social code: Social stories for people with ASDs	R	464R	
Hudson, Jill	2006	Prescription for success: Supporting Children with ASD in the Medical Environment [includes CD-ROM of copiable resource sheets]	R	415R	
Hughes, Robert	2016	Walker Finds a Way: Running into the Adult World with Autism		486A	
Inglis, Louise	2012	Happiness in his eyes: a story of love and disability		240A	

Isanon, Abe	2001	Spirituality and the autism spectrum: Of falling sparrows		256A	1 Rating: of limited use. Comments: gets some things right, and yet a lot else simply wrong. Writes from the perspective of us being 'broken', defective. However some bits still worth reading.
Ives, Martine	2002	What is Asperger Syndrome, and How Will It Affect Me? A Guide for Young People	R	333R	
Jackson, Luke	2002	Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence		087A	1 Rating: useful. Comments: Quite funny & entertaining. Would be great for teens to read. Some of the info perhaps a little dated now – things have changed rapidly since this book was written. Still good overall.
Jackson, Luke	2017	Sex, Drugs and Asperger's Syndrome (ASD): A user's guide		522A	
Jackson, Nita	2002	Standing down, falling up: Asperger's syndrome from the inside out		349A	
Jacobs, Barbara	2003	Loving Mr Spock: The story of a different kind of love		374A	
Jacobs, Debra			R		
James, Ioan	2006	Asperger's syndrome and high achievement: Some very remarkable people		239A	
James, Laura	2017	Odd girl out: An autistic woman in a neurotypical world -		547A	1 rating: useful. Comment: As someone coming to acceptance of ASD later in life, I found many relatable passages. In the latter half of the book some interesting excerpts from her conversations with autism experts.
Jamieson, Juliet & Jamieson, Claire	2006	Managing Asperger Syndrome at college and university: A resource for students, tutors and support services [includes CD-ROM of associated resources]	R	247R	
Jansen, Herman & Rombout, Betty	2014	Auti Power! Successful Living and Working with an Autism Spectrum Disorder		222A	
Johnson, Malcolm	2005	Managing with Asperger syndrome		059A	An AS experience of working in management positions: personal account and suggestions arising from this
Jones, Dan	2017	Look into my eyes: Asperger's, hypnosis and me		544A	
Jones, Heather	2014	Talk to me: Conversation strategies for parents of children		548A	
Jordan, Paul	2017	How to start, carry on and end conversations: Scripts for social situations for people on the autism spectrum		534A	
Jordan, Rita	2001	Autism with severe learning difficulties		394A	
Jordan, Rita	2002	Autistic spectrum disorders in the early years: A guide for practitioners		395A	
Jordan, Rita and Jones, Glenys	1999	Meeting the Needs of Children with Autistic Spectrum Disorders	R	396R	An excellent introduction for teachers new to ASD
Kahu, Michio	2004	Einstein's Cosmos: How Albert Einstein's vision transformed our understanding of space and time		435A	
Kaplan, Melvin	2005	Seeing Through New Eyes: Changing the Lives of Children with Autism, Asperger Syndrome and Other Developmental Disabilities Through Vision Therapies		334A	
Karim, K; Ali, A & O.Reilly, M	2014	A practical guide to mental health problems in children with ASD: It's not just their autism!	R	451R	
Kennedy, Diane	2002	The ADHD Autism Connection: A step toward more accurate diagnosis and effective treatment		350a	
Kennedy, Diane & Banks, Rebecca	2011	Bright Not Broken: Gifted Kids, ADHD, and Autism - why twice-exceptional children are stuck and how to help them		355A	
Kessick, Rosemary	2009	Autism and Gastrointestinal Complaints: What You Need to Know		289A	
Kessick, Rosemary	2009	Autism & diet: what you need to know		413A	

Kim, Cynthia	2013	I Think I Might be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-discovery for Adults	R	214R	<u>1 rating:</u> useful. <u>Comment:</u> this book has some useful information
King, Betsey	2004	Music Therapy: Another Path to Learning and Understanding for Children on the Autism Spectrum		462A	
King, Brian R	2012	Strategies for Building Successful Relationships with People on the Autism Spectrum		194A	<u>2 Ratings:</u> very useful; useful. <u>Comments:</u> thinking of buying my own copy.[King (Author and his immediate family are all on the spectrum; includes chapters on asking for help, the art of negotiation, self-confidence & resilience]
King, Susan	2009	Edition O1 (art & photos of NZ mute autistic artist)		306A	
Klass, Perri & Costello, Eileen	2004	Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In - When to Worry and When Not to Worry		379A	
Korin, Ellen S Heller	2006	Asperger Syndrome An Owner's Manual: What you, your parents & teachers need to know	R	370R	
Korin, Ellen S Heller	2007	Asperger Syndrome an Owner's Manual 2 for Older Adolescents and Adults: What You, Your Parents and Friends, and Your Employer, Need to Know	R	156R	
Kuhnke, Elizabeth	2016	Body Language: Learn how to read others and communicate		551A	
Kurtz, Lisa A	2008	Understanding controversial therapies for children with autism, Attention Deficit Disorder and other learning disabilities: A guide to complementary and alternative therapies		132A	
Kutscher, Martin	2014	Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's Anxiety and More!		311A	
Kutscher, Martin	2016	Digital Kids: How to Balance Screen Time, and Why it Matters		529A	
Kutscher, Martin L & Moran, Marcella	2009	Organising the disorganised child: simple strategies to succeed in school		304A	
Laird, P C	2007	The Shadow World		096A	
Langensiepen, Julia	2010	Deeno's Dream Journeys in the big blue bubble: a relaxation programme to help children manage their emotions		385A	
LaSalle, Barbara	2003	Finding Ben: A Mother's Journey Through the Maze of Asperger's		317A	
Lawrence, Clare	2012	Autism and flexischooling: A shared classroom and home-schooling approach	R	454R	<u>3 ratings:</u> useful; very useful, outstanding. <u>Comments:</u> <u>1.</u> /very useful and informative read for those considering options around how to best support a child with ASD through their school years. <u>2.</u> Excellent for me as a parent. It is so hard to know what way to go when school is trying to custard on all levels.
Lawson Wenn & Beatrice	2017	Transitioning together: One couple's journey of gender and identity discovery		531A	<u>1 rating:</u> outstanding. <u>Comment:</u> an excellent account of transitioning both physical & mental / emotional
Lawson, Wendy	1998	Life Behind Glass: A personal account of Autism Spectrum Disorder		015A	<u>1 Rating:</u> outstanding. <u>Comment:</u> Considered to be intellectually disabled as a child and then later misdiagnosed as schizophrenic, Wendy follows the distressingly common path of other people's [both professional and lay] lack of understanding of Autism limiting her life, only to rise phoenix-like out of the ashes to gain two university degrees and mother of four children. She is also a talented writer and poet, social worker and adult educator.
Lawson, Wendy	2002	Understanding and Working with the Spectrum of Autism: An Insider's View	R	282R	

Lawson, Wendy	2003	Build Your Own Life: A Self-Help Guide For Individuals With Asperger's Syndrome		016A	Comments: 1. Another informative and very helpful book on creating a workable life allowing the positive traits of Autism to find a way to manage in an NT world. Practical, with images and drawings used often to illustrate her point and poetry to create a further feel of what she means, and a great section explaining common metaphors and idioms. 2. I think it is far too soon for me to read this - but I think it will be useful later in my journey [= feedback form an adult 1 year after diagnosis]
Lawson, Wendy	2005	Sex, sexuality and the autism spectrum		058A	
Lawson, Wendy	2006	AS Poetry: illustrated poems from an aspie life		263A	
Lawson, Wendy	2008	Concepts of normality: The autistic and typical spectrum		091A	
Lawson, Wendy	2009	Friendships the Aspie way		077A, 077B, 077C	
Lawson, Wendy	2011	The Passionate Mind: How People With Autism Learn		151A	
Lawson, Wenn	2015	Older Adults and Autism Spectrum Conditions: An Introduction and Guide		447A	
Ledgin, Norm	2002	Asperger's and Self-Esteem: Insight and Hope through Famous Role Models		323A	1 reader comment: Good idea, supportive & well-intentioned but badly organised
Legge, Brenda	2002	Can't Eat, Won't Eat: Dietary Difficulties and the Autism Spectrum		315A	
Lesko, Anita A	2011	Asperger's Syndrome: When Life Hands You Lemons, Make Lemonade		231A	1 rating: very useful. Comment: I'm not so much into animals as her, but I can understand why she finds them more congenial than people sometimes. And the workplace bullying is horrific.
Lester, Barbara R	2011	My Parent Has an Autism Spectrum Disorder: A Workbook for Children and Teens	R	159R	
Leventhal-Belfer, Laurie	2008	Why Do I Have To?: A Book for Children Who Find Themselves Frustrated by Everyday Rules	R	314R	2 ratings: useful
Leventhal-Belfer, Laurie and Coe, Cassandra	2004	Asperger's Syndrome in Young Children: A Developmental Guide for Parents and Professionals	R	367R	
Levine, Caroline	2007	Jay grows an alien		429A	A fictional story about an AS boy who befriends a cyborg, and how he comes to understand relationships and his differences, including the positives - for children on the spectrum, their families and friends.
Likens, Aaron	2012	Finding Kansas: Living and Decoding Asperger's Syndrome		380A	Personal account by a young AS man with a passion for motor racing. He calls such passions "Kansas ... [a place to find] freedom, and the possibility for growth and change
Lipsky, Deborah	2011	From Anxiety to Meltdown: How Individuals on the Autistic Spectrum Deal With Anxiety, Experience Meltdowns, Manifest Tantrums, and How You Can Intervene Effectively		171A	
Lipsky, Deborah	2013	How People with Autism Grieve, and How to Help: An Insider Handbook	R	227R	1 rating: useful
Lipsky, Deborah & Richards, Will	2009	Managing meltdowns: Using the SCARED Calming Technique with children and adults with autism.	R	116R	2 ratings: outstanding. Comment: Clear, practical & empathetic. Every teacher should read this! I've ordered two copies already – one for our school and one for me.
Locke, Deborah	2003	Watching the detectives: When a Policewoman Turns Whistle-blower		070A	By an ASD detective
Lohmann, Raychelle Cassada	2009	The anger workbook for teens: activities to help you deal with anger & frustration	R	243R	
Lonie, Nicola	2014	Online Safety for Children and Teens on the Autism Spectrum	R	307R	
Lundine, Vicki & Smith, Catherine	2006	Career Training and personal planning for students with autism spectrum disorders: A practical resource for schools	R	237R	
Lynn, George T & Barrie, Joanne	2005	Genius! Nurturing the spirit of the wild, odd and oppositional child	R	457R	About 'attention different' children including ASD.

Lynn, George T & Barrie, Joanne	2007	The Asperger's Plus Child: How to identify & help children with Asperger Syndrome and seven common co-existing conditions		397A	Bipolar, NVLD, OCD, ODD, TS, ADD & high-functioning ASD
Mandel, Harvey P and Marcus, Sander I	1997	Could do better: Why children underachieve and what to do about it		458A	
Marshack, Kathy	2009	Life With a Partner or Spouse with Asperger Syndrome: Going Over the Edge? - Practical Steps to Saving You and Your Relationship		316A	
Marshack, Kathy J	2013	Out of Mind, Out of Sight: Parenting with a Partner with Asperger Syndrome (ASD) - Practical Steps to Saving You and Your Family		229A	
Marshall, Tania	2014	I am Aspiengirl: The unique characteristics, traits and gifts of females on the Autism Spectrum	R	466R	2 rating: outstanding; very useful
Marshall, Tania	2015	I am Aspienwoman: The unique characteristics, traits and gifts of adult females on the Autism Spectrum	R	467R	4 ratings: usefulx3; outstanding x1. <u>Comment1:</u> Great book - going to purchase my own copy & hope to share with family. <u>Comment 2:</u> This would have been even better to read sooner, when I first found out about ASD. It would be reassuring for people who might be upset or surprised by a diagnosis. <u>Comment 3:</u> Greatest value might be for women at the starting point of exploring being on the spectrum
Martin, Rosemary	2011	Top Tips for Asperger's Students: How to Get the Most out of University and College		177A	
Martin, Vicky & the Students of Limpsfield Grange School	2015	M is for Autism		440A	[promotional information: A vibrant, humorous and truly authentic coming-of-age novel written by the students of Limpsfield Grange, a school for girls with autism and communication and interaction difficulties
Martinovich, Judith	2006	Creative Expressive Activities and Asperger's Syndrome: Social and Emotional Skills and Positive Life Goals for Adolescents and Young Adults		288A	
Mayo, Patty & Waldo, Patti	1994	Scripting: Social communication for adolescents	R	399R	Guidelines for teaching social communication skills for home, school and community, with chapters on social interaction, conflict management, emotional expression – with practice scripts for situations such as dealing with contradictions, complaints & accusations (including false ones), negotiating, <u>dealing with failure, asking for help.</u>
McCabe, Patrick, Estelle & Jared	2003	Living and loving with Asperger Syndrome: family viewpoints		398A	A collaborative account by Patrick, his wife and son about how they as individuals and as a family of three have adjusted positively to Patrick's AS
McManmon, Michael P	2011	Made for Good Purpose: What Every Parent Needs to Know to Help Their Adolescent with Asperger's, High-Functioning Autism or a Learning Difference Become an Independent Adult		187A	
Mendes, Eva	2015	Marriage and Lasting Relationships with Asperger's Syndrome (Autism Spectrum Disorder): Successful Strategies for Couples or Counsellors		438A	
Mendes, Eva & Meredith, R Moroney	2019	Gender Identity, Sexuality and Autism: Voices from across the spectrum	R	569R	
Merges, John	2011	Social Employment Groups for Children, Teens and Young Adults with Autism Spectrum Disorders: Guiding Towards Growth		154A	
Meyer, Donald (Ed)	1997	Views from our shoes: Growing up with a brother or sister with special needs		336A	

Meyer, Roger N	2001	Asperger Syndrome Employment Workbook: An employment workbook for adults with Asperger Syndrome		033A	A practical manual to help AS people deepen their self-understanding and develop their capacity and talents to enable them to find gainful and meaningful employment. Practical instructions abound along with workbooks and questionnaires to facilitate this self-understanding. For the Adult AS possibly struggling with their work situation this could be very useful. It also includes helpful sections on coming to terms with diagnosis, <u>advocacy & disclosure issues</u> .
Miller, Jean Kearns (Ed)	2003	Women from another planet?: Our lives in the universe of autism		014A, 014B,	2 ratings: outstanding; very useful. Comments: 1. Written by many different AS women [some in the ASK group], this is a colourful weave of stories about what it means to live life on the spectrum as a woman. However this book is not your normal excluding women's book but an attempt to reach out to all in the world who find themselves outside of standard norms. A must read for AS men as well and we eagerly await a "Men from another planet?" to complete the picture. 2. Very interesting to read. Helps that its a range of different women's experience. Also interesting that it includes threads of discussion between some of the women.
Mindick, Nancy L	2011	Understanding Facial Recognition: Prosopagnosia Management Strategies for Parents and Professionals		152A	
Mitchell, Chris	2005	Glass Half Empty, Glass Half Full: How Asperger's Syndrome has Changed my Life		071A	
Mitchell, Chris	2009	Asperger's syndrome and mindfulness: Taking Refuge in the Buddha		104A	1 Rating: very useful. Comments: Chris's take on mindfulness is superb in that he comes out of a Buddhist stream; which both challenged and complemented my own Christian mystical preferences
Mitchell, Chris	2013	Mindful Living with Asperger's Syndrome: Everyday Mindfulness Practices to Help You Tune In to the Present Moment		223A, 223B	
Moat, David	2013	Integrative Psychotherapeutic Approaches to Autism Spectrum Conditions: working with hearts of glass	R	212R	
Molloy, Harvey and Vasil, Latika	2004	Asperger Syndrome, adolescence, and identity: Looking beyond the label		356A	
Moon, Elizabeth	2002	The speed of dark		060A	Science fiction
Mor, Caiseal	2007	A blessing and a curse		083A	Another ASD autobiography by a very talented Australian artist. He had a very scary childhood which included much abuse and general nastiness, but once he left home found kinder, more understanding people who helped him rise above his background and create for himself a congenial environment. [with an appendix about the blessings of dreadlocks]
Moraine, Paula	2012	Helping students take control of everyday executive functions		250A	
Moraine, Paula	2015	Autism and Everyday Executive Function: A Strengths-Based Approach for Improving Attention, Memory, Organization and Flexibility		482A	1 Rating: of limited use. Comment: Contains good & interesting information but very child-focused & limited in useful advice. Less useful to me as an adult who has done lots of research already but may be helpful to people newer to the topic
Moran, Paddy-Joe	2016	Communicating Better with People on the Autism Spectrum	R	512R	1 Rating: of limited use. Comment ((by reader with ASD & ADHD) "I found it difficult to read and lost interest halfway through."
Moreno, M; Wheeler, M; & Parkinson, K	2012	The Partner's Guide to Asperger Syndrome		191A	
Morgan, Lisa	2016	Living Through Suicide Loss with an Autistic Spectrum Disorder (ASD): An Insider Guide for Individuals, Family, Friends, and Professional Responders		523A	

Morton-Cooper, Alison	2004	Health care and the autism spectrum, a guide for health professionals, parents and carers		055A, 055R	
Moss, Haley	2014	A Freshman Survival Guide for College Students with Autism Spectrum Disorders: The Stuff Nobody Tells You About!		276A	1 Rating: very useful. Comment : Packed full of practical advice, American school system bias, but still very helpful. Will be purchasing our own copy
Moyes, Rebecca A	2003	I need help with school! A guide for parents of children with autism & Asperger's Syndrome		400A	Includes sections on disclosure, IEPs, teasing & self-esteem, school supports re social skills & behaviour
Muggleton, Joshua	2012	Raising Martians - From Crash-landing to Leaving Home: How to Help a Child with Asperger's Syndrome or High-Functioning Autism		183A	
Mukhopadhyay, Tito Rajarshi	2000	Beyond the silence: My life, the world and autism		017A, 017B	A real Autistic experience, a combination of autobiography and poetry written by a young deeply Autistic boy, controversial in the AS community because of some of the techniques used by his mother, he has nevertheless moved from being locked in and non verbal, to reveal through his writing the beauty and creativity in the Autistic world.
Mukhopadhyay, Tito Rajarshi	2011	How Can I Talk if my Lips Don't Move? Inside my Autistic Mind		164A	1 Rating: of limited use
Mullin, Jill	2014	Drawing Autism	R	492R	<u>Comment:</u> a richly illustrated celebration & exploration of the work of autistic artists - & what their work can reveal about their inner world.
Murray, Dinah & Aspinall, Ann	2006	Getting IT: Using Information Technology to Empower People with Communication Difficulties		204A	
Murray, Dinah (Ed)	2006	Coming out Asperger: Diagnosis, disclosure and self-confidence		062B, 062A	3 Ratings: outstanding x1; useful x2. Co
Myers, Peter; with Baron-Cohen, Simon & Wheelwright, Sally	2004	An exact mind: An artist with Asperger Syndrome	M	131M	Comment: by an autistic artist, with commentary by two professionals
Myles, Brenda Smith & Southwick, Jack	1999	Asperger Syndrome And Difficult Moments: Practical Solutions For Tantrums, Rage And Meltdowns	R	283R	
Myles, Brenda Smith; Trautman, Melissa L and Schelvan, Ronda L	2004	The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations	R	371R	
Nadesan, M Holmer	2005	Constructing Autism: Unravelling the truth and understanding the social		468A	
Nadolny, Sten (translated by Ralph Freedman)	2005	The discovery of slowness		139A	Novel based on life of possibly-AS character - explorer Sir John Franklin
NAS	1999	The autistic spectrum – A handbook		526A	
Naturally Autistic (magazine)	2010 Fall	15 Years: The Journey of ANCA. (Articles include Learning to be Autistic; Spectrum of Colors)		232A	
Naturally Autistic (magazine)	2011/2012	Changing Perceptions. (Articles include Temple Grandin; The New Generation; Autistic People Rock; Learning to be Autistic; Spectrum of Colors)		215A	
Naturally Autistic (magazine)	2012/2013	Beyond the Label. (Articles include My Autistic Best Friend; What's in a Name)		216A	
Nazeer, Kamran	2006	Bring in the idiots: Or how we grew to understand the world		080A	
Neville, Ann	2013	How to stop being bullied – A kids' guide	R	335R	
Newport, Jerry	2001	Your life is not a label: A guide to living fully with Autism and Asperger's Syndrome for parents, professionals and you!		034A	A self help book that gives practical advice, offers challenges to the AS person to get on with the business of living a full life, while still accepting and celebrating the differences of being Autistic. Includes chapters on dating, depression, safety & health [exercise, diet, hygiene]. Focused more on the young adult.
Newport, Jerry & Mary	2007	Mozart and the whale: An Asperger's Love Story		126A	
Nguyen, Anh	2006	Creating an autism-friendly environment 2006		533A	
		Nguyen, Anh			

Nichols, Shana, with Moravcik, Gina Marie & Tetenbaum, Samara Pulver	2009	Girls growing up on the autism spectrum: What parents and professionals should know about the pre-teen and teenage years		255A	2 Ratings: useful; of limited use. Comments: very American-oriented
Ockleford, Adam	2013	Music, Language and Autism: Exceptional Strategies for Exceptional Minds		211A	
Ockleford, Adam	2009	In the Key of Genius: The Extraordinary Life of Derek Paravicini. [A blind autistic pianist with perfect pitch]		444A	
Ogaz, Nancy	2004	Wishing on the midnight star		401A	An Asperger adventure story – told from an Aspie sibling’s perspective, and embracing themes of friend & family relationships and acceptance of ASD with its mix of traits, both bothersome and admirable.
O'Halloran, Catherine	2014	Diagnosis Asparagus: Advocating for Assessment and Diagnosis of Autism Spectrum Conditions	R	354R	2 ratings: outstanding x2. <u>comment:</u> very relatable, and at times funny, in its content & delivery- by Eva (ages 11-15yo) & mother (facts & info)
O'Neill, Jasmine Lee	2000	Through the Eyes of Aliens: A book about autistic people		018A	Another book written by a severely autistic author. Although she does not use spoken language, her writing is both spiritual and practical, a very positive approach to being Autistic, has many good instructions for NT people on how to handle Autistic people with gentleness and respect and makes a good case for allowing and using the Autistic traits themselves to develop the child into <u>who they have the right to be.</u>
Ortiz, John M	2008	The myriad gifts of Asperger's syndrome		108A, 108B	
Oslund, Christy	2013	Succeeding as a Student in the STEM Fields: A College Handbook for Science, Technology, Engineering and Maths Students with Autism, ADD, Affective Disorders, or Learning Difficulties and Their Families		210A	
O'Toole, Jennifer Cook	2012	Asperkids: An Insider's Guide to Loving, Understanding and Teaching Children with Asperger's Syndrome		189A	1 Rating: very useful / outstanding. Comments: Jennifer has brought me wisely close and opened the rooms for me to finally understand my daughter. There is so much that I have done wrong, but I can now work with my child far more lovingly and constructively to help her – this is largely due to the incredible Jennifer.
O'Toole, Jennifer Cook	2013	The Asperkid's Secret Book of Social Rules: The Handbook of Not-so-obvious Social Guidelines for Tweens and Teens with Asperger Syndrome		206R	1 Rating: very useful. Comment: My 10-year-old enjoyed this & found it so helpful that we are buying our own copy to refer to.
O'Toole, Jennifer Cook	2013	The Asperkid's launchpad: Home design to empower everyday superheroes		381A	
O'Toole, Jennifer Cook	2015	Sisterhood of the Spectrum: An Asperger chick's guide to life		384A	<u>1 rating:</u> very useful <u>Comments:</u> 1. an inspirational guide (by Asperger's mother of an 'asperchick') for teenage girls on the spectrum. 2. I read this as parent & shared relevant extracts with my of 16 year old daughter on spectrum
Ozonoff, Sally; Dawson, Geraldine; & McPartland, James	2002	A parent's guide to Asperger syndrome & High-functioning autism: How to meet the challenges and help your child thrive		343A	
Packer, Alex J	1997	How rude! The teenager's guide to good manners, proper behaviour and not grossing people out		135A	For ASD adults too! Easy-to-find guidelines to self-care, hygiene & social skills for wide range of situations e.g. phone etiquette, celebrations & funerals, communicating with sick people, other cultures etc
Page, Tim	2009	Parallel Play: Growing up With Undiagnosed Asperger's		149A	<u>Comment:</u> – a memoir that is said to show, among other things, how his “sharp and incisive insights into music and the arts were made possible by Asperger’s syndrome.” [= back-cover comment by John Elder Robison]
Palmer, Ann	2006	Realizing the college dream with Autism or Asperger Syndrome: A Parent's Guide to Student Success		269A	

Paradiz, Valerie	2002	Elijah's cup: a family's journey into the community and culture of high-functioning autism and Asperger's Syndrome		129A	1 rating: very useful. Comment: Very interesting. I love how she accepts Elijah as he is, yet also helps him learn to communicate etc as an autistic. And interesting that she's almost certain a 'cousin' herself.
Patrick, Nancy J	2008	Social skills for teenagers and adults with Asperger Syndrome: A practical guide to day-to-day life		094A	
Patten, Sarah	2014	What to Feed an Asperger: How to Go from 3 Foods to 300 with Love, Patience and a Little Sleight of Hand		308A	
Pavlidis, Merope	2008	Animal-assisted interventions for individuals with autism		133A	
Paxton, K & Estay, I	2007	Counselling people on the autism spectrum: a practical manual	R	261R	1 Rating: (very?) useful. Comments: not being a huge fan of CBT modality, I still appreciated the authors' views on co-morbidity (p77/8), self-concept (p56-7) and helpful views on executive functioning (p65/6)
Pears, Jessica	2003	Asparagus Dreams		402A	Memoirs by an AS woman of her school years – from expulsion at age of 12, to eventual success as a post-grad researcher.
Pease, Allan	1987	Body Language: How to read others' thoughts by their gestures		459A	
Peeters and Gillberg	1999	Autism: Medical and Educational Aspects		403A	A book aimed at teaching and medical professionals.
Perks, Simon	2007	Body language & communication: A guide for people with autism spectrum disorders		234A	
Perry, Nancy	2009	Adults on the autism spectrum leave the nest: Achieving supported independence		109A	
Powers, Michael D & Poland, Janet	2002	Asperger Syndrome and your child. A parent's guide: Unlocking your child's potential		404A	A blend of engaging vignettes and practical advice
Prince-Hughes, Dawn	2004	Songs of the gorilla nation: My journey through autism		056A	3 Ratings: outstanding, inspiring, heartening. Comments: 1. One of the most poignant, touching books I've read in some time. I love Dawn's relaxed style, her approach to this autobiographical book and to her 'autism observations' through her family's and her own ape person's eyes ... Dawn's struggles with relationships, her sexuality and the raw honesty in the way she dealt with these hurdles are hope-filled and heartening ... 2. A most beautifully written book, the autobiography of a "misfit" who remarkably became an academic despite her earlier difficult life, and has become an international authority on gorillas and also on ASD! 3. This book was a powerful read for me - the journey of one autistic woman's striving to discover - from a lost disconnected place - a sense of her deeper true inner self in adulthood, coming to a place of standing strong and being able to give of herself in a genuine way, and to receive from others from a place of true connecting. And all of this being set into motion through the deep learning she experienced while spending time with her gorilla family.
Prince-Hughes, Dawn	2005	Expecting Teryk: An Exceptional Path to Parenthood		119A	
Prince-Hughes, Dawn	2013	Circus of Souls: How I Discovered that We Are All Freaks Passing As Normal		230A	
Prince-Hughes, Dawn (Ed)	2002	Aquamarine Blue 5: Personal stories of college students with autism		019A	Written by Autistic university students with exceptional talents, this book shows how the unique gifts that many AS people have to offer the world are so often compromised by the very environments they seek to develop their gifts in. Beautifully written, immensely fascinating).
Prizant, Barry with Fields-Meyer, Thomas	2015	Uniquely Human: A Different Way of Seeing Autism		450A	
Purkis, Jeanette	2006	Finding a different kind of normal: Misadventures with Asperger Syndrome		067A	1 Rating: outstanding

Purkis, Jeanette	2014	The wonderful world of work: A workbook for Aspertheens		312A	
Purkis, Jeanette & Goodall, Emma	2018	The Parents' Practical Guide to Resilience for Children aged 2-10 on the Autism Spectrum		556A	
Purkis, Jeanette; Goodall, Emma & Nugent, Jane	2016	The Guide to Good Mental Health on the Autism Spectrum	R	485R	1 rating: useful
Ramey, Emilia Murry & Jody John	2008	Autistics' guide to dating: A book by autistics, for those who love them or who are in love with them		089A	
Rawlins, Abi	2017	Is it OK to Ask Questions About Autism?	R	535R	
Reese, Pam Britton & Challenner, Nena C	2001	Autism and PDD: Adolescent Social Skills Lessons: Health and Hygiene	R	337R	Suitable for those severely impaired (in format of social stories, words & pictures)
Regan, Theresa	2016	Understanding autism in adults and ageing autism: Improving diagnosis and quality of life	R	565R	
Richards, Lila	2010	A Different Hunger		145A	A novel by one of us
Richer, John and Coates, Sheila (Ed)	2001	Autism: The search for coherence		405A	A multidisciplinary approach to autism that includes perspectives rarely covered by other books such as: an ethological approach to autism; an evolutionary perspective on the integration of self and other; attachment theories; the role of complementary medicine; facilitated communication etc.
Riley-Hall, Eillen	2012	Parenting Girls on the Autism Spectrum: Overcoming the Challenges and Celebrating the Gifts		419A	
Robins, Wendy	1997	Life as an Alien		020A	Poetry - a collation of poems and writing by a woman who manages to capture many images of the day to day world of an Autistic very movingly
Robison, John Elder	2007	Look me in the eye: My life with Asperger's		097A	
Robison, John Elder	2011	Be Different: Adventures of a Free-Range Aspergian with Practical Advice for Aspergians, Misfits, Families and Teachers		176A	
Robison, John Elder	2013	Raising Cubby: A Father and Son's Adventures with Asperger's, Trains, Tractors and High Explosives		219A	
Robison, John Elder	2016	Switched on: My Journey from Asperger's to Emotional Awakening		488A	
Rocha, Adriana & Jorde, Kristi	1995	A Child of Eternity: An Extraordinary Young Girl's Message From the World Beyond		221A	
Romkema, Craig	2002	Embracing the sky: Poems beyond disability		021A	The author has both autism and cerebral palsy, a spiritual genius, read and weep, I did.
Ross, Donna Satterlee & Jolly, Kelly Ann (Eds)	2006	That's life with autism: Tales and tips for families with autism		406A	With chapters on post-diagnosis issues, therapy, education, issues for siblings & parents, eating issues, etc
Roth, Ilona	2010	The autism spectrum in the 21st century: exploring psychology, biology and practice		248A	
Rubinyi, Susan	2006	Natural Genius: The Gifts of Asperger's Syndrome		318A	
Rubio, Ron	2008	Mind / body techniques for Asperger's Syndrome: The way of the pathfinder	R	107R	1 Rating: very useful
Sabin, Ellen	2006	The Autism Acceptance Book: Being a Friend to Someone with Autism		162A	
Sacks, Oliver	1995	An Anthropologist on Mars		022A	Seven very fascinating studies of unusual neurologically different people from one of the professional weirdoes, who thankfully exist. Oliver Sachs is a professor of Neurology who delights in the complexity and uniqueness of the differently brained and writes with great enthusiasm. Includes chapters on Temple Grandin, autistic savants & artists (chapter "Prodigies") & a popular surgeon with Tourette's Syndrome!
Sainsbury, Clare	2000	Martian in the Playground: Understanding the Schoolchild with Asperger's Syndrome		180A	
Santomauro, Josie	2012	Autism Allstars: How We Use Our Autism and Asperger Traits to Shine in Life		169A, 169B	

Santomauro, Josie	2001	After the Diagnosis		377A	Comment: a set of seven alternative booklets addressed to the ASD child /father / mother / grandparent / sibling /teacher / wider family & friends - borrowers should order the whole set: 1 The mystery of a special kid. (for ASD child). 2 Your special Asperger syndrome gift. (for mother). 3 Special? What's all the fuss about? (for father). 4 You are special too. (for siblings). 5 A special grandchild. (for grandparents). 6 Special friends & family. (for wider family & friends). 7 A special student. (for teacher)
Saperstein, Jesse	2014	Getting a Life with Asperger's: Lessons Learned on the Bumpy Road to Adulthood		422A	
Saperstein, Jesse A	2010	Atypical: Life with Asperger's in 20 1/3 Chapters		157A	
Savarese, Ralph James	2007	Reasonable People: A memoir of autism and adoption: On the meaning of family and the politics of neurological difference		537A	
Scarpa, Angela; Wells, Anthony & Attwood, Tony	2013	The STAMP Treatment Manual: Exploring feelings for young children with High-functioning Autism or Asperger's Disorder	R	341R	
Schab, Lisa M	2008	The anxiety workbook for teens: activities to help you deal with anxiety and worry	R	244R	
Schneider, Edgar R	1999	Discovering my Autism		023A	
Schneider, Edgar R	2003	Living the Good Life with Autism		024A	
Schopler, Eric (Ed)	1995	Parent Survival Manual: A Guide to Crisis Resolution in Autism and Related Developmental Disorders	R	342R	
Schroeder, Alison	1996	Socially Speaking: A pragmatic social skills programme for primary pupils	R	432R	
Schwartz, Jeffrey M	1996	Brainlock: Free yourself from obsessive-compulsive behaviour		524A	
Shapiro, Joseph P	1994	No Pity: People with disabilities forging a new Civil Rights Movement		268A	
Shaul, Joel	2014	The Conversation train: A Visual Approach to Conversation for Children on the Autism Spectrum	R	491R	
Shaul, Joel	2014	The Green Zone Conversation Book: Finding common ground in conversation for children on the Autism Spectrum	R	469R	
Shaul, Joel	2016	Our brains are like computers! Exploring social skills and social cause and effect with children on the Autism Spectrum	R	473R	
Shockley, Talmer	2009	The love-shy survival guide		102B	
Shore, Stephen	2001	Beyond the Wall: Personal Experiences with Autism and Asperger Syndrome		025A	A lovely book from a man on the spectrum. He writes of both the frustrations and triumphs in a way that will resonate well with many
Shore, Stephen (Ed)	2004	Ask and tell: Self-advocacy & disclosure for people on the autism spectrum		057A, 057B	
Shore, Stephen M & Rastelli, Linda G	2006	Understanding autism for dummies	R	137R	Includes section on health, medications, nutrition & biomedical approach. 1 rating: not suitable for my needs - nothing on the page stays still.
Silberman, Steve	2015	Neurotribes: The Legacy of Autism and How to Think Smarter About People Who Think Differently		448A	1 Rating: very useful. Comments: This book is so long (& meaty?), you may need to request an extended loan period. I'm aware of some criticism of Silberman, but it must be remembered the man is a journalist, & writes like one, with little open "editorial comment." He simply gives us the facts, & lets people's own actions condemn them. Having said that, he gives us an awful lot of interesting information, & dispels quite a few myths. I could have wished for more info on the neurodiversity movement, but then the book would have been even longer, & it was quite a toil to get through it as it was!
Simmons, Karen	1996	Little rainman: Autism – through the eyes of a child		421A	

Simmons, Siobahn		Developing resilience in young people with autism	R	550R	
Simone, Rudy	2016	The A to Z of ASDs: Aunt Aspie's Guide to Life		513A	
Simone, Rudy	2009	22 Things a Woman Must Know if she Loves a Man with Asperger's Syndrome. (Different to the listing below: In THIS book, it is the man she loves who has Asperger's).		190A	1 Rating: very useful. Comments: excellent 'primer' and intro. Very clear info, quick to read and therefore gain benefit from
Simone, Rudy	2010	Asperger's on the Job: Must-have Advice for people with Asperger's or High Functioning Autism and their employers, educators and advocates	R	140R	
Simone, Rudy	2010	Aspergirls: Empowering Females with Asperger Syndrome		153A	<u>4 Ratings:</u> outstanding x2; very useful x1; useful x1. <u>Comments:</u> 1. One of the most compelling aspects of Rudy's narrative, is the discourse around Androgeny and Gender Identity. 2. Very helpful but now comes across as very heteronormative! Would have appreciated more inclusion of different genders & sexualities. 3. some parts brilliantly useful, others present an outdated understanding of autism - although this may be because of how much else I've read. 3. I read it as a parent, & read out to my 16yo sections I thought would be helpful to her (some things not relevant for her yet i.e. relationships & children). Down to earth, easy to understand & relate to. good format: <u>chapter then parent advice then Aspergirl advice</u>
Simone, Rudy	2012	22 Things a Woman With Asperger's Syndrome Wants her Partner to Know. (Different to the listing above: In THIS book, it is the woman who has Asperger's)		199A	
Simsion, Graeme	2013	The Rosie Project: A Novel		270A	! Rating: not suitable for my needs (by autistic adult reader)
Slade, Laura (NAS Autism Helpline)	2005	Going to the hairdressers: a guide for parents of children with autism and Asperger's syndrome		235R	
Slater-Walker, Gisela & Christopher	2002	An Asperger Marriage		026A	
Smith, John; Donlan, Jane & Smith, Bob	2012	Helping Children with Autism Spectrum Conditions through Everyday Transitions: Small Changes - Big Challenges	R	292R	
Soledad, Starfire	2003	Spectrums: A collection of poems		352A	
Soraya, Lynne	2013	Living Independently on the Autism Spectrum		508A	
Southern Centre Charitable Trust	2004	World at my fingertips	DVD	562V	DVD of Southern Centres' Multisensory Experience
Stanford, Ashley	2003	Asperger syndrome and long-term relationships		027A	Written by a woman married to an AS man, this book however manages to avoid the usual moan about not having NT needs met. She not only explains clearly many of the difficulties experienced by AS in relationships but why they occur from an understanding point of view and also points out the many advantages of being in a relationship with an AS person. Demonstrates the challenges & rewards of AS-NT (or AS-AS) relationship for both parties. A must read for a lot of NTs! as well as for those of us in relationships.
Stanford, Ashley	2011	Business for Aspies: 42 Best Practices for Using Asperger Syndrome Traits at Work		155A, 155B	
Stanford, Ashley	2013	Troubleshooting Relationships on the Autism Spectrum: A user's Guide to Resolving Relationship Problems		228A	2 Ratings: (1)outstanding; (2)useful. Reader comments: (1) This is a truly excellent book, especially for people who are IT-oriented. Practical, clear, I'd say: essential!; (2) Struggled to stay interested with small detail & font (by reader with attention difficulties)
Stefanski, Daniel	2011	How to Talk to an Autistic Kid	R	285R	Written by a 14-year old 'autistic kid'
Stehli, Annabel (Ed)	1995	Dancing in the rain: Stories of exceptional progress by parents of children with special needs		345A	

Steward, Robyn	2014	The Independent Woman's Handbook for Super Safe Living on the Autistic Spectrum		225A	1 rating_ useful
Stewart, Kathryn	2002	Helping a child with Nonverbal Learning Disorder or Asperger's Syndrome		407A	
Stillman, William	2003	Demystifying the Autistic Experience: A Humanistic Introduction for Parents, Caregivers and Educators		365A	
Stillman, William	2005	The Everything Parent's Guide to Children with Asperger's Syndrome: The sound advice and reliable answers you need to help your child succeed		281A	
Stoddart, Kevin P (Ed)	2005	Children, Youth and Adults with Asperger Syndrome: Integrating Multiple Perspectives		278A	
Stone, Florida	2004	Autism - The eighth Colour of the Rainbow: Learn to Speak Autistic		319A	
Strong, Jeff	2015	Different Drummer: One Man's Music and Its Impact on Add, Anxiety and Autism		487A	
Stuart-Hamilton, Ian	2004	An Asperger dictionary of everyday expressions		241A	Rating: very useful. Comment: Very useful but missing some of the expressions I'm puzzled by.
Sutton, Michele (Ed)	2015	The real experts: Readings for parents of autistic children	R	474R	
Tammet, Daniel	2006	Born on a blue day: A Memoir of Asperger's and an Extraordinary Mind		078A	
Tammet, Daniel	2009	Embracing the wide sky: A tour across the horizons of the human mind		253A	
Tammet, Daniel	2014	Thinking in Numbers: On life, love, meaning and math		353A	
Tantam, Digby	2009	Can the world afford autistic spectrum disorder? Nonverbal communication, Asperger syndrome and the interbrain		117A	
Tantam, Digby	2012	Autism Spectrum Disorders Through the Lifespan	R	207R	
Taylor, Paul	2009	A Beginner's Guide to the Pervasive Developmental Disorders: A simple introduction to autistic spectrum disorder, Asperger syndrome and PDD-NOS		287A	This is an earlier version with different title but same author as the 2011 book by Dr. Paul Taylor, <i>A Beginner's Guide to Autism Spectrum Disorders: Essential Information for Parents and Professionals</i> – apart from the diagnostic terms, the content is almost identical and just as valuable. A positive first introduction to ASD for those who want a short book e.g. friends or extended family. Uses computer metaphor e.g. to compare the differences in autistic vs. NT brains, to PC vs. Mac computers. Rating: outstanding
Taylor, Renee	2014	Your Life, Your Story: A practical guide to writing a memoir		265A	
Thompson, Barrie	2009	Counselling for Asperger couples	R	351R	
Thompson, Colin	2016	Fitting in		502R	
Tickle, Anna & Stott, Bettina	2010	Exploring Bullying With Adults With Autism and Asperger Syndrome: A Photocopiable Workbook		150A	1 Rating: very useful
Timimi, Sami; Mallett, Rebecca; Runswick-Cole, Katherine & Haydon-Laurelut, Mark	2016	Re-Thinking Autism: Diagnosis, Identity, and Equality		489A	
Tinsley, Matthew & Hendricks, Sarah	2008	Asperger Syndrome and Alcohol: Drinking to Cope?		095A, 095B	
Tullemans, Anna	2004	Talking to family and friends about the diagnosis		124A	
Tullemans, Anna	2004	Working with teachers: A guide for parents		368A	Written for parents of ASD children
Tullemans, Anna & Larkey, Sue	2005	The essential guide to successful secondary school: a guide for teachers and families of students with ASD - with reproducible worksheets & proforma		303A	

Verdick, E & Reeve, E	2012	Survival Guide for Kids with Autism Spectrum Disorders (and their parents)	R	434R	Addressed to both ASD children & their families – explains ASD and its implications in a positive way – with sections explaining everyday difficulties and strategies around friendship issues, managing emotions, school, communication, staying healthy etc.
Vermeulen, Peter	2001	Autistic Thinking: - This is the title.		383A	
Vermeulen, Peter	2001	I am special: Introducing children and young people to their autistic spectrum	R	330R	
Victor, Pamela	2006	Baj and the Word Launcher: Space age Asperger adventures in communication		408A	A futuristic space-age adventure story that “captures the imagination while exploring the challenges of communication” (using aids such as an invisible Calming Cape, Listening Aids a Sensory Adjustor and a Communication n Clarifier kit) – and “stop and think” questions throughout to “prompt children to think about how they feel and react to events in the story.”
Vuletic, Liljan; Ferrari, Michael; & Mihail, Teodor	2005	Transfer boy: Perspectives on Asperger syndrome		359A	
Walker, Diane	2002	The Weighted Blanket: An essential nutrient in a sensory diet –		521A	includes step-by-step instructions on how to make and use a weighted blanket
Waterhouse, Stella	2000	A positive approach to autism		505A	
Weiss, Lynn	1997	Attention deficit disorder in adults: Practical help and understanding		378A	Includes chapter on ‘ADD on the job
West, Thomas G	1997	In the Mind's Eye: Visual Thinkers, Gifted People with Dyslexia and other Learning Difficulties, Computer Images and the Ironies of Creativity		028A, 028B, 028C	028A lost by borrower. This book explores the minds of differently brained people and looks at the way their minds works to create concepts of genius. It questions the conventional approaches of education with regard to these people and carries a warning that we ignore developing these gifts at our peril, & shows the value of neurodiversity for society & even the survival of the human species. The emphasis is on visual & spatial thinkers (which includes many of us). Though the autism spectrum isn't specifically mentioned, some of the historic figures featured (e.g. Einstein) clearly belong on the autism spectrum, & the book is relevant & inspiring for all of us with "conditions of neurodiversity"
Wheeler, Maria	2007	Toilet training for individuals with autism & other developmental issues		340A	
Wilde, Kate	2014	Autistic Logistics: A Parent's Guide to Tackling Bedtime, Toilet Training, Tantrums, Hitting, and Other Everyday Challenges		417A	
Wilkinson, Lee	2015	Overcoming Anxiety and Depression on the Autism Spectrum: A Self-help Guide Using CBT		376A	
Willey, Liane Holliday	1999	Pretending to be Normal: Living with Asperger's Syndrome		178A	Liane writes of her childhood and growth into adulthood and her search for a sense of self: how she used coping strategies such as copying others to appear normal; the effects this had on her until she came to be diagnosed and created for herself a stronger concept of who she was and what she wanted to be. Great book to be read along with her other book "AS in the family".
Willey, Liane Holliday	2003	Asperger Syndrome in the Family: Redefining Normal		012A	2 ratings: #very useful; #outstanding. Comments: # Very interesting, full of good advice for families with members on the spectrum. and of course it comes from the perspective of total acceptance of autism, and working with it rather than against it!; # A very well written guide on how to build a family life on A.S terms. Clear concise information to help bring together the best qualities of being A.S and the good qualities of the NT environment we have to inhabit. Frank, funny and extremely useful for all those on the spectrum either already in a family environment or contemplating joining or creating one ‘redefining normal’

Willey, Liane Holliday	2012	Safety Skills for Asperger Women: How to Save a Perfectly Good Female Life		178A	
Willey, Liane Holliday (Ed)	2004	Asperger Syndrome in adolescence: Living with the Ups, the Downs and Things in Between.		013A	Comment: Liane, plus others on and off the spectrum, address with deep insight and useful strategies the highly complex and often distressing world of the AS adolescent. This book deals with a wide range of issues confronting the AS teen and their families, sexuality, depression and friendships etc., many of which also provide useful ideas for adults on the spectrum, e.g. the chapters on "Disclosure" & "When the thunder roars" (on emotions).
Williams, Donna	1992	Nobody nowhere		039A	1 rating: useful. Comment: highlights the amazing resourcefulness of the human psyche to adapt to incredibly challenging circumstances in a vulnerable & very sensitive body.
Williams, Donna	1995	Somebody Somewhere		031A	1 Rating: some aspects of books outstanding, others disappointing. Comments: 1. Follow-on from her first book "Nobody Nowhere" [see her title above], Donna writes of her struggles to try and really integrate a sense of self with the "real world" and create a life worth living while coming to terms with her Autism and its needs, developing a concept of what it means to be her. As usual from this author, compelling reading. 2. Outstanding: I got a great deal out of this because I find Donna Williams uncomfortably / fascinatingly similar to me. Disappointing: I disagree with what seemed to be the removal of much of her world which she describes in the book; her decisions regarding this, the reasons she made those decisions (as described in the book) and the basis of those decisions. I saw many of the traits we shared as traits to celebrate, not something to remove (because broken)
Williams, Donna	1998	Autism: An Inside-Out Approach		029A, 029B	A brilliant book that should be read by every NT who works or lives with an AS person. Donna takes you into the why and how of Autistic thinking and behaviour as opposed to current studies that so often focus on the what and even then only the what that they can see and think they understand. It also suggests many helpful strategies we might use to prevent or deal with overload, shutdowns, <u>sensory & processing difficulties etc.</u>
Williams, Donna	1999	Autism and Sensing: the unlost instinct		030A	Donna expands on themes of her previous book "an inside out approach" to write about how Autistic people sense and resonate rather than use conscious thought and mental interpretation to make sense of the world, even suggesting that the constraints of space and time do not exist in the <u>same way for Autistic people.</u>
Williams, Donna	1999	Like Color to the Blind: Soul Searching and Soul Finding		032A	<u>1 rating: outstanding.</u> Comments: In this book Donna writes of her marriage to a man with similar differences to hers, a brutally honest account of two people's struggle to find themselves, keep this sense of self and not lose that while trying to merge themselves together in order to create a relationship. (Which is why a lot of us don't bother). Donna also details in this book, her approach to distinguishing what she "really wants / likes" versus what her "exposure anxiety" misleads her to <u>thinking she wants / likes).</u>
Williams, Donna	2003	Exposure anxiety: The invisible cage		038A	
Williams, Donna	2004	Everyday heaven: Journeys beyond the stereotypes of autism		040A	2Ratings: of limited use; outstanding
Williams, Donna	2006	The jumbled jigsaw: An insider's approach to the treatment of autistic spectrum 'fruit salads'		066A	
Williams, Donna	2004	Not Just Anything: A collection of thoughts on paper		414A	1 rating: outstanding. Comment: Loved opening it to find Donna had signed it!

Wing, Lorna	2001	The Autistic Spectrum. A Guide for Parents and Professionals		075A	
Winner, Michelle Garcia	2000	Inside out: What makes the person with social cognitive deficits tick?	R	409R	Understanding and teaching social-cognitive skills (including communication and executive function) so that ASD children understand the 'why' as well as the 'what'.
Winner, Michelle Garcia & Crooke, Pamela	2009	Socially Curious, Curiously Social: A Social Thinking Guidebook for Bright Teens and Young Adults	R	277R	
Wolfberg, Pamela	1999	Play and Imagination in Children with Autism		291A	
Woodcock, Linda	2010	Managing Family Meltdown: The Low Arousal Approach and Autism	R	324R	<u>3 ratings</u> : very useful x1; useful x2
Wright, Scott (Ed)	2016	Autism Spectrum Disorder in Mid and Later Life		496A	
Wylie, Philip	2014	Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder): How Seeking a Diagnosis in Adulthood Can Change Your Life		275A	1 Rating: useful
Wylie, Philip; Lawson, Wenn & Beardon, Luke (Eds)	2015	The Nine Degrees of Autism: A Developmental Model for the Alignment and Reconciliation of Hidden Neurological Conditions	R	449R	3 Ratings: outstanding; very useful. Comments:1. I needed to read this post-realization / diagnosis; 2 As someone recently diagnosed (in later life) I found this book very useful in terms of signposting the possible journey undertaken pre-, during and post-diagnosis. I found especially heartening the sense fostered of life opening up for the individual as self-acceptance grows and effective strategies towards this end are adopted.
Yack, Ellen; Aquilla, Paula & Sutton, Shirley.	2006	Building bridges through sensory integration: Therapy for children with autism and other pervasive developmental disorders.	R	541R	
Yearwood, Mary Margaret Britton	2002	In their hearts: Inspirational Alzheimer's Stories		002A	Written by an AS woman who works with Alzheimer patients, who also contributed to "Women from another Planet". She writes "though cognition is lost, spirituality remains." An exploration of what it means to truly be human, when the so called definitions of normal human e.g. social competence, good verbal communication skills are no longer available, how the true spirit and worth of a person is still there to be valued, she feels also that her experience as an AS person gives her more insight into this deeper truth of humanity.
Yoshida, Yuko	2007	How to Be Yourself in a World That's Different. An Asperger Syndrome Study Guide for Adolescents		086A	
Zaks, Zosia	2006	Life and love: Positive strategies for autistic adults		081A	
Zelan, Karen	2003	Between their world and ours: Breakthroughs with autistic		525A	